



# Orthopaedic Clinic

## Introduction

This is a multi professional clinic for children and young adults with complex physical disability who require advice or treatment from an orthopaedic surgeon.

## About the clinic

### Who can attend this clinic?

As long as your child / young person is under 19 when they are referred they can attend our clinic. Whilst all the visiting consultants will assess a child or young person up to the age of 18, depending on the clinical findings and presenting condition they may recommend that an alternative consultant carries out the surgery. If this is the most appropriate course of action this will be discussed at the clinic appointment with you.

### Why choose to come to an Orthopaedic Clinic?

- You will be seen locally by an experienced orthopaedic surgeon from the Evelina London Children's Hospital.
- There will also be a consultant paediatrician and specialist physiotherapist who will be able to work with you and your team both before and after the appointment (your own therapists are most welcome to join the consultation with your permission).

### Who can refer me to the clinic?

You can be referred by your paediatrician, G.P. orthopaedic surgeon or physiotherapist.

### How often are the clinics?

- Mr. Fabian Norman-Taylor 6 times a year

## About the appointment

### How long is the appointment?

This varies depending on the clinical situation. New appointments are about 30 minutes and follow-up appointments are about 15 minutes and we may ask you to arrive a little earlier to allow time to get an x-ray if this is required.

### Who will I meet?

- Consultant Orthopaedic Surgeon, Evelina London Children's Hospital
- and
- Consultant Paediatrician in Neurodisability & Lead Clinician for the Orthopaedic Clinic
- and
- Specialist Physiotherapist
- and
- A member of the physiotherapy team
  - Clinic Nurse
  - Radiographer

### Where will the appointment be?

In one of the Outpatient Clinic rooms at Chailey Clinical Services. When you arrive our receptionist will check that we have your correct details and show you where to wait for your appointment. The clinic nurse will meet you and take you to the clinic room.

### What do I need to bring to the clinic?

It would be useful if you can bring your Child Health Record if available and any orthoses e.g. Ankle Foot Orthosis (AFO) and details of any past reports.





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### What will happen during the appointment?

You'll be asked about the problem which needs orthopaedic review as well as your general health, this will then be followed by a clinical examination. If you have had x-rays taken we will usually look at the x-rays together and answer any questions that you may have. It may also be helpful for you to make a note of any questions you have before you come.



You may require a referral to another service here e.g. posture clinic or orthotist, in which case we'll either arrange this or contact your local team and ask them to make a referral.

### What will happen after the clinic?

A report of the assessment will be sent to you within 4 weeks of the appointment, documenting the discussions and decisions made at the clinic and a note of those that attended. Your referrer, physiotherapist and GP will also receive a copy for their records. If any other professionals need a copy of the report please do just let us know.

## We're here to help

We're always happy to answer any queries that you may have.

If you have any queries at all, please contact the clinic secretary on:

 **Phone:**  
01825 722112

 **Fax:**  
01825 724719

 **Email:** [sc-tr.enquirieschcs@nhs.net](mailto:sc-tr.enquirieschcs@nhs.net)

**Or visit our website:**  
[www.sussexcommunity.nhs.uk/chailey](http://www.sussexcommunity.nhs.uk/chailey)