



# Combined Respiratory Clinic

## Introduction

This is a joint clinic between a Consultant Paediatrician in Respiratory Diseases and a Consultant Paediatrician in Neurodisability. The clinic is held in conjunction with the respiratory service at the Royal Alexandra Children's Hospital (RACH) and deals with respiratory problems in children and young adults with complex physical disability.

## About the clinic

### Who can attend this clinic?

Children and young adults under the age of 20. We will discuss with you and arrange appropriate transfer to adult services after that.

### Why choose to come to a Combined Respiratory Clinic?

- To receive advice and a treatment plan on respiratory problems that arise in context of physical disability.
- To receive co-ordinated care by two specialists during one appointment.

### Who can refer me to the clinic?

Referrals can be made to this service by your paediatrician or G.P. The referral letter should contain details of the clinical concerns.

### How often are the clinics?

The clinics are held once a school term.

## About the appointment

### How long is the appointment?

The initial appointment time is usually 45 minutes.

Review appointments are usually 30 minutes.

### Who will I meet?

- Dr. Paul Seddon, Consultant Paediatrician
- Dr. Yasmin Khan, Consultant Paediatrician in Neurodisability
- Clinic nurse

### Where will the appointment be?

In one of the Out Patient Clinic rooms at Chailey Clinical Services. When you arrive our receptionist will check that we have your correct details and show you where to wait for your appointment. The clinic nurse will meet you and take you to the clinic room.



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## What will happen during the appointment?

At the clinic you will be asked about the referring problem. You will require a physical examination and may require some breathing tests.

If other investigations are needed they can be arranged either at Chailey Clinical Services (CHCS) or at the Royal Alexandra Children's Hospital (RACH).

You may need an x-ray which can be arranged at CHCS.



If a hospital admission is required that will be arranged at RACH.

Please feel free to ask any questions you may have throughout the appointment.

## What will happen after the clinic?

Following on from the clinic, follow up arrangements will be made and a report of the assessment is sent to you within 3 weeks of the appointment. The report will document the discussion and decision made. A copy will be sent to your referrer, GP and Physiotherapist. If other professionals need a copy of the report please let us know.

We are happy for you to contact the clinic secretary if you have further queries after you have received your report or any acute/urgent problems arise between clinic visits.

## We're here to help

We're always happy to answer any queries that you may have.

If you have any queries at all, please contact the clinic secretary on:

 **Phone:**  
01825 722112

 **Fax:**  
01825 724719

 **Email:** [sc-tr.enquirieschcs@nhs.net](mailto:sc-tr.enquirieschcs@nhs.net)

**Or visit our website:**  
[www.sussexcommunity.nhs.uk/chailey](http://www.sussexcommunity.nhs.uk/chailey)