

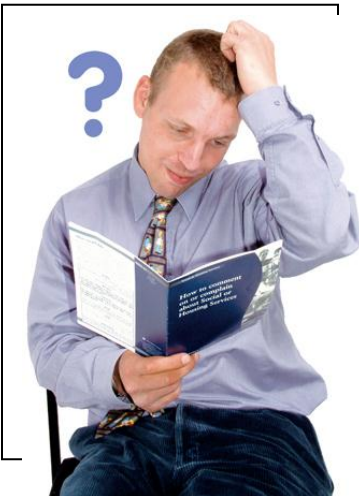


We can help
Our PALS service
(patient advice and
liaison service)

We can help you



Find out about services in the NHS.



Tell you who can support you to make a complaint.

Tell you who you should complain to.



We will try to make things better.

You can talk to us about anything to do with the NHS.

Keeping things private



We keep the things you tell us private.

We only talk to health workers if you want us to.

If you or someone else is in danger we might not be able to keep things private. We will talk to you about this.

These are the ways to contact PALS

Phone us on
01273 242292



E-mail us at
sc-tr.serviceexperience@nhs.net

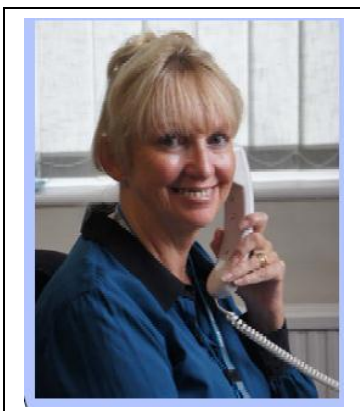
Go to our website:
www.sussexcommunity.nhs.uk



When is PALS open?

Monday	9am-5pm
Tuesday	9am-5pm
Wednesday	9am-5pm
Thursday	9am-5pm
Friday	9am-5pm
Saturday	Closed
Sunday	Closed

**We are open 9am to 5.00pm
Monday to Friday**



**Leave a message on our answer
phone when we are closed.**

**We will call you back as soon as
we can.**

**We are not open in the evening, on Saturdays
and Sundays or on bank holidays.**