

Get the best from your NHS

Our patient advice and liaison service (PALS) can help patients, families and carers with questions, comments or concerns about NHS services. If you need advice about our services, facilities or staff, or would like to make a comment, please contact PALS at:

Service Experience Team

Sussex Community NHS Trust
FREEPOST (BR117)
Elm Grove
Brighton BN2 3EW

Telephone: 01273 242292

Email: sc-tr.serviceexperience@nhs.net

Website: www.sussexcommunity.nhs.uk/pals

Other formats

Please contact us if you need this information in large print, Braille, easy read, audio tape or email.

Please ask if you need help to understand this information in a language that is not English.

Contact the service

CNRT
D3, Dyke Building
Brighton General Hospital
Elm Grove
Brighton BN2 3EW

Telephone: 01273 242271

Email: sc-tr.cnrtbrightonandhove@nhs.net

Compliments and complaints

We would like to hear from you if you feel we have provided a particularly good service. We also welcome comments and complaints as they help us to provide a better service.

Contact:

Service Manager
CNRT, D3, Dyke Building
Brighton General Hospital
Elm Grove
Brighton BN2 3EW
Telephone: 01273 242271

This leaflet was developed by CNRT using the Institute for Innovation and Improvement Productive Community Services Patient Perspective Module Framework.



Community Neurological Rehabilitation Team Brighton & Hove (CNRT)

Information leaflet for patients/carers

Telephone: 01273 242271

Email: sc-tr.cnrtbrightonandhove@nhs.net

The Community Neurological Rehabilitation Team (CNRT)

Who we are

The Community Neurological Rehabilitation Team (CNRT) provides a service from 8.30am – 4.30pm, Monday to Friday.

We provide specialist therapy and support to people who have a neurological condition.

We assess people in their own homes, including residential care/rest homes.

Our team includes:

- Clinical psychologist.
- Dietitian.
- Occupational therapists.
- Physiotherapists.
- Rehabilitation support workers.
- Social worker.
- Specialist rehabilitation nurses.
- Speech and language therapists.

Rehabilitation/what we do

Rehabilitation will take place in your home or in the community.

You decide what you want to achieve (your goals/aims).

A keyworker will support you to plan your goals through review meetings.

Examples of rehabilitation may include:

- Supporting emotional adjustment.
- Increasing independence.
- Provision of equipment.
- Increasing mobility.
- Finding ways to improve communication.
- Providing information about your condition.
- Supporting issues around diet/nutrition.
- Supporting self-management and signposting to other agencies.

On discharge you may be referred to other services, if appropriate, e.g. aphasia befriending scheme, outpatient physiotherapy.

Scope of service

The service is for people in Brighton & Hove who are registered with a local GP who meet the following criteria:

- Adults aged 16+ who have had an acute stroke (not TIA) or subarachnoid haemorrhage within the last 6 months (confirmed by CT or MRI scan) and who have not previously received a period of intervention for their brain injury from us.
- Adults aged 16+ who have had a single acquired brain injury within the past 2 years who have not previously received a period of intervention from us.
- Adults with specific long-term neurological conditions that include:
 - Multiple Sclerosis (MS) – both new diagnosis or acute, significant change in function.
 - Parkinson's Disease – both new diagnosis or acute, significant change in function.
 - Spinal cord injury.
 - Guillain Barré syndrome.
 - Space occupying lesion (non-palliative).
 - Inflammatory brain disease e.g. meningitis, vasculitis, encephalitis, hydrocephalus.