

Uckfield Minor Injuries Unit (MIU)

Conditions appropriate to be treated in MIU:

- Acute limb injuries including fractures, wounds, sprains and strains (*excluding potential hip or thigh fractures*).
- Minor head injuries including wounds to head and face (*excluding children under 1 year and those with associated neck injury, loss of consciousness or any vomiting*).
- Wounds caused by trauma.
- Foreign bodies in eyes, ear or nose.
- Rib injuries.
- Minor back injuries (*excluding chronic conditions or major trauma*).
- Insect and animal bites and stings.
- Burns and scalds.
- Removal of splinters.
- Suturing (stitch up) wounds (excluding eyes, nose and lips).

Conditions NOT appropriate to be treated in MIU:

- Chest pain.
- Long-term joint or back pain (the majority of injuries over 2 weeks old are not appropriate for MIU).
- Sore throats, earaches, chest infections and urinary tract infections.
- Rashes.
- Sexual health problems.
- Abdominal pain.
- Post-operative problems.
- Re-dressings including leg ulcer dressings.
- Abscesses.

Please note the MIU is nurse practitioner led. There is no doctor on site.

If we're unable to provide treatment we'll refer you to the most appropriate service.

If you're in any doubt whether a person's condition is appropriate to be dealt with in MIU please call us on **01825 769999** prior to advising them to attend.

Further information is also available from our website:

www.sussexcommunity.nhs.uk/miuu