

## **Bognor Regis Minor Injuries Unit (MIU)**

### **Conditions appropriate to be treated in MIU:**

- Acute limb injuries including fractures, wounds, sprains and strains *(excluding potential hip or thigh fractures)*.
- Minor head injuries including wounds to head and face *(excluding children under 1 year and those with associated neck injury, loss of consciousness or any vomiting)*.
- Wounds caused by trauma.
- Foreign bodies in eyes, ear or nose.
- Rib injuries.
- Minor back injuries *(excluding chronic conditions or major trauma)*.
- Insect and animal bites and stings.
- Burns and scalds.

### **Conditions NOT appropriate to be treated in MIU:**

- Chest pain.
- Long-term joint or back pain (the majority of injuries over 2 weeks old are not appropriate for MIU).
- Sore throats, earaches, chest infections and urinary tract infections.
- Rashes.
- Sexual health problems.
- Abdominal pain.
- Post-operative problems.
- Re-dressings including leg ulcer dressings.
- Abscesses.

**Alternatives include a visit to A&E, your GP or local pharmacy.**

Please note the MIU is nurse led. There is no doctor on site.

If you're in any doubt whether a person's condition is appropriate to be dealt with in MIU please call us on **01243 623563** prior to advising them to attend.

Further information is also available from our website:

[www.sussexcommunity.nhs/miubr](http://www.sussexcommunity.nhs/miubr)