



Hand Therapy

Contents

Welcome	3
What we do	4
Our finances	4
Our achievements	5
Year in numbers	6
Membership and Engagement Strategy	7
Join the Trust: become a member	8
Our Council of Governors	9
Our charity	10
Would you like to volunteer?	11

Welcome

Welcome to the summary version of our Annual Report for 2022-23. We are pleased to share details of what has been a busy and successful year at Sussex Community NHS Foundation Trust (SCFT).

There have been many opportunities to celebrate the contribution we make to our local communities whilst we recovered from the COVID-19 pandemic.

Our teams continue to face significant pressure and an ever-increasing demand for our services, as the population continues to grow, and as more people are living longer often with multiple long-term conditions.

Nevertheless, the people who make up the Trust continue to rise to meet these challenges and have shown remarkable resilience, compassion and dedication to each other and the people we care for.

We have always been incredibly proud of our 5,500 staff members and our dedicated 250+ volunteers.

Our work during the year provides many fine examples of colleagues and volunteers working together, not just across health and social care, but also education, the voluntary sector, businesses and the community at large, stepping up every day to deliver safe, compassionate and effective care.

While our priority is the delivery of excellent care for all the people we serve, managing our finances well means we can provide outstanding care and invest in what our patients need.

The Trust reported a surplus of £47,000 for the year ended 31 March 2023 and we remain in a strong, stable financial position. We continue to work closely with all our partners as part of the Sussex Integrated Care System (ICS) to provide the best care possible to patients and their families, and to ensure that the Trust is a great place to work.

From us, a heartfelt thank you to all our colleagues for all you have, and continue to do, for our patients and for each other, to deliver our vision of excellent care at the heart of the community.

With best wishes.

Siobhan Melia Chief Executive

Giles York Chair



What we do

As the largest provider of community services in Sussex, our teams help people to plan for and manage changes in their health, supporting patients and their families to live more independently.

Our teams deliver more than 9,000 patient care interventions every day.

Each year, our clinicians see adult or child patients more than 2.6 million times, caring for people from their earliest moments until their last.

We work in care homes, clinics, intermediate care units, people's own homes, GP surgeries, schools and other community venues across East and West Sussex.

We work closely with GPs, acute hospitals, local authority social care partners, mental health trusts, charities and voluntary organisations to ensure care is coordinated to meet individual needs.

We are proud to have people who work for the Trust who continuously strive to improve the care they deliver, and are thankful to our patients/service users for taking the time to tell us when we get it right and where we could do better.



Our finances



Our income was £324 million



Income grew £9 million compared to 2021-22

2022-23 continued to be a very difficult and challenging year financially for the whole of the health service. However, the Trust reported a surplus of £47,000. This compares with a surplus of £211,000 in 2021-22.

Delivering a surplus enables us to invest in improving the quality of our services and our infrastructure.



Our achievements

Our services continued to innovate and win awards.

Our Freedom to Speak Up team were successful in winning the Health Services Journal Award for Freedom to Speak Up Team of the Year, entry title: 'Caring for our Speak Up Ambassadors, Improving our Speak Up culture'.

In December, we were named a 2022 Climate Champion by Health Care Without Harm for our sustainability work through our Care Without Carbon programme.

Our community palliative and end of life care nursing services were praised for their focus on patient-centred nursing care, winning the award for nursing in the community at the prestigious Nursing Times Awards.

We had given more than 965,000 doses of the COVID-19 vaccination over the past few years as our role in the vaccination programme came to an end in February 2023.

The Trust's official charity, Sussex Community NHS Charity, awarded over £295,000 in grants to a variety of projects. These included refurbishing staff rest rooms to help improve staff wellbeing, the purchase of advanced software and equipment to further enhance patient care and electric bikes for our community nursing teams.

National Staff Survey Results 2022

The Trust achieved an impressive 71% response rate, representing 3,702 colleagues completing the survey.



81%

of staff said the care of patients/service users is the organisation's top priority.



69%

of staff would recommend the Trust as a place to work.

The results compare well against the other 15 community trusts in England and with other providers from the Sussex Integrated Care System (ICS) where the Trust scored either first, or second, across each of the seven elements of the NHS People Promise.

Year in numbers



5,500 staff and **250+** volunteers









Our teams
provided more than **9,000** patient
care interventions
every day

Provided services to a community of **1,300,000** people

Provided over **965,000** doses of the COVID-19 vaccination over the past few years as our role in the vaccination programme came to an end in February 2023

2,880 compliments recorded









96% of patients rated their experience of our services as 'good' or 'very good'

96.6% of patients were treated within 4 hours at our Urgent Treatment Centres and Minor Injury Units

81% of staff said the care of patients/ service users is the organisation's top priority

78% of staff said they would recommend the care the Trust provides to family or friends









69%
of staff would recommend the Trust as a place to work

f9 million
in year compared
to 2021-22

The Trust's charity, Sussex Community NHS Charity, spent over £295,000 on grants to improve patient and staff experience, wellbeing and care

We reduced our absolute carbon footprint by **4,831 tonnes CO2e (-45%)** between 2010-11 and 2022-23

Membership and Engagement Strategy

We want to create a diverse membership community, one that has a real voice in shaping the future of the Trust and the services we provide. In the summer of 2023, we refreshed the strategy with a focus to increase feedback from members and the public, and to maintain membership recruitment.

Our strategy has three aims:

- To improve the way we engage with our members and the public
- To continue to work towards a membership that is representative of our diverse communities
- To maintain and where possible, increase the overall size of the membership of the Trust.

Ongoing feedback is welcomed from members and the public.

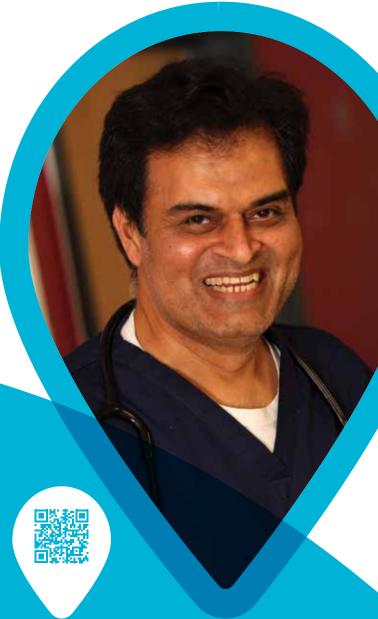
Share your feedback:

Fill in our online form: https://tinyurl.com/sbtmtedm or via the OR code.

Email: sc-tr.governors@nhs.net

Call: 01273 696011 ext. 3115

For a full copy of the strategy, visit www.sussexcommunity.nhs.uk/member



Join the Trust: become a member

Anyone aged 12+ can become a member of the Trust.

It's completely free and by joining you will have a voice and help shape our plans for the future.

You can be involved as much or as little as you like – it's up to you.

Membership also gives you the opportunity to show your support for the Trust and the work that we do.



- Having a voice to help shape the way local NHS community services are run
- Participating in patient involvement initiatives
- Taking part in surveys and consultations
- Invitation to attend and ask questions at our Annual Members' Meeting in September
- Vote in our Council of Governors elections, and the opportunity to stand for election yourself (if 16 or older)
- Opportunities to contact and provide feedback to your local governor and, through them, to the Trust Board

Join today:

Fill in our online form: bit.ly/scftmembers or via the QR code.

Email: sc-tr.sctmembership@nhs.net

Call: 01273 696011 ext. 3115



Our Council of Governors

The Council of Governors play an important role in the successful running of the Trust.

They are responsible for ensuring that our services and overall direction relate to the needs of the local communities that we serve.

Our 28 governors include elected people from our local constituencies, elected staff from key areas of our workforce and appointed governors that represent the views of our volunteers, children and young people and stakeholder organisations.

Collectively they:

- Hold the Non-Executive Directors individually and collectively to account for the performance of the Board
- Represent the interests of the membership of the Trust and the interests of the public to the Board

You can find out more from the website:

www.sussexcommunity.nhs.uk/governors

Interested in becoming a Governor?

Contact our Membership team:

Email: sc-tr.membership@nhs.net

Call: 01273 696011 ext. 3115



Our charity

With the kind and generous support of community fundraising and the donation of vital funds, our charity is able to



offer support to our staff and patients by providing grants. These grants can be used to purchase equipment, improve existing facilities, or provide additional funding opportunities for projects that improve the wellbeing and welfare of patients and staff.

In 2022-23 the charity awarded over £295,000 in grants to a variety of projects. These included:

- Electric bikes for our community nursing teams
- Refurbished staff rest rooms to help improve staff wellbeing
- Purchased advanced software and equipment to further enhance patient care

Get involved today:

- Make a donation big or small, every penny helps and remember to Gift Aid
- Become a regular donor by setting up a monthly direct debit
- Take on a challenge and collect sponsorship
- Host an event or activity (including a virtual event) to generate funds
- Pledge to leave a gift in your will
- Take part in our fundraising events and activities
- Volunteer your time to help out at events and collections

Visit www.sussexcommunity.nhs.uk/charity for ways to donate, and for upcoming fundraising events/activities or via the QR code:

Or contact our Community Fundraising Manager, Rosie Gratwick:

Email: rosie.gratwick@nhs.net

Call: 01273 696011 ext. 3063



Would you like to volunteer?

We have over 250 vibrant volunteers who make such a positive difference to our patients and staff.

We have a wide range of volunteering roles across a range of our teams and services.

There are many benefits to volunteering – it is good for your health and improves your employability.

You can also:

- Learn new skills
- Gain experience
- Make an impact
- Assist in empowering others
- Make meaningful connections
- Become immersed in your community
- Gain a whole new perspective
- Experience much more....

Contact our friendly volunteers team:

Email: sc-tr.voluntary-services@nhs.net

For more information visit: www.sussexcommunity.nhs.uk/volunteering or via the QR code:



Accessibility statement

This information can be made available in alternative formats, such as easy read or large print, and translated into alternative languages upon request.

Please contact our Communications and Engagement team: scftcommunications@nhs.net

Read our full Annual Report 2022-23

Download our full Annual Report and Accounts from our website: www.sussexcommunity.nhs.uk/trust-reports