

Appointments

To make an appointment or for further information please contact reception by telephone: 01293 600385.

Your clinic appointment times:

Clinic	Date	Time



Opening times

Monday to Friday 8.30am – 4.30pm

Due to set appointment times, we may not be able to see patients who are late.

Get the best from your NHS

Our patient advice and liaison service (PALS) can help patients, families and carers with questions, comments or concerns about NHS services. If you need advice about our services, facilities or staff, or would like to make a comment, please contact PALS at:

 Service Experience Team
B Block, Brighton General Hospital
Elm Grove, Brighton BN2 3EW

 01273 242292

 www.sussexcommunity.nhs.uk/pals

 sc-tr.serviceexperience@nhs.net



Sussex Community
NHS Foundation Trust

Venous Leg Ulcers

Essential information for patients, carers and healthcare professionals



Could we help you?

We can help you if you have any of the following:

- A non-healing leg ulcer.
- A wound to the lower limb that has been present for 4 weeks or more.
- Chronic Oedema to the lower limb.
- A complex non-healing wound such as a surgical wound or pilonidal sinus.

And you are:

- 18 years old or over, and
- registered with a local GP, and
- able to get to a clinic for your appointment

Our clinics are run at Crawley Hospital in the Planned Treatment Centre, Horsham Hospital in the Rainbow Unit, Hassocks Health Centre and East Grinstead Health Centre.

Who are we?

We are a small team of experienced nurses and healthcare assistants.

What can you expect?

- A nurse will complete a holistic assessment which may take up to 90 minutes and will include a Doppler assessment if you have a wound on your leg.
- You will be asked to lay as flat as possible for the Doppler assessment.
- We will also be asking questions about your health and lifestyle.
- Dressings are provided as part of the service.
- If you require a specialist, referrals will be requested by us from your GP.
- If required, further appointments will be made for follow-up treatment.
- Follow-up appointments will take from 15-45 minutes.

What do I need to prepare for the test?

- Ensure you are wearing loose clothing to both arms and legs.
- Bring a list of your current medications.
- You may be placed in bandaging on your first visit so please ensure you wear suitable footwear.
- You can eat and drink normally prior to the assessment.

What is a Doppler assessment?

A Doppler assesses the blood supply in your lower legs. A blood pressure cuff will be applied to your arms and legs, you may experience some discomfort with the inflation of the cuff but this should not be painful.

It is important to be calm and still during the assessment.

After the Doppler assessment a decision will be made about your ongoing care which may include compression bandaging or hosiery.