

Updated 16/01/2014

Community Neuro Rehabilitation Team Criteria

Scope of Service

The service is available to residents of Brighton and Hove who are registered with a GP in the area who meet the following criteria.

- Adults ages 16+ who have had an acute stroke (not TIA) or subarachnoid haemorrhage within the last six months (confirmed by CT/MRI Scan) and who have not previously received a period of intervention for their brain injury from the CNRT or:
- Adults aged 16+ who have had a single acquired brain injury within the past two years who have not previously received a period of intervention for their brain injury from the CNRT.
- Adults with specific long term neurological conditions, that includes:
 - Multiple Sclerosis – either new diagnosis or acute, significant change in function
 - Parkinson's Disease – either new diagnosis or acute, significant change in function
 - Spinal Cord Injury
 - Guillain-Barré Syndrome
 - Space occupying lesion (non-palliative)
 - Inflammatory brain injury, e.g. meningitis, vasculitis, encephalitis, hydrocephalus

To benefit from the service, the client:

- Must require input from two or more professions
- Must be medically stable and able to transfer with assistance of one (CNRT is able to accept referrals for patients who have greater dependency level but have a limited capacity for these patients. CNRT reserves the right to negotiate start response times for these referrals as capacity varies amongst the team caseload).
- Person must consent to rehabilitation and be motivated to participate by identifying goals.
- Person must be considered able to benefit from intensive rehabilitation OR person must consent to a period of intervention aimed at improving management of their condition in their own home.
- Services/equipment should be in place prior to discharge home in order to ensure patient carer safety at home and to minimise risk of harm to client, carer and CNRT staff.
- Person must be living in the Community, either at home or in a residential home.

Please note the team's Social Worker is only involved with Clients who have had a Stroke or a Traumatic Brain Injury.

CNRT is unable to accept referrals for specific developmental, hereditary and neurodegenerative conditions, which can include:

- Muscular dystrophy
- Developmental ataxia
- Cerebral Palsy
- Epilepsy
- Huntington's Disease
- Parkinson's Dementias including Parkinson's Plus Syndromes (Multiple Systems Atrophy, Progressive Supra-nuclear palsy, Cortico-basal degeneration)
- Motor Neuron disease
- Multi-infarct dementia/vascular disease
- Alzheimer's Disease
- ME/Chronic Fatigue Syndrome

Referral Process

- Referrals can be made by anyone, but a diagnosis of a neurological condition must be confirmed by an appropriate medical practitioner or specialist nurse.
- Referrals must be made using the CNRT referral form which must be completed in its entirety with copies of medical history/discharge notes, CT scans and reports if available.
- **Unfortunately, we are unable to accept incomplete, inaccurate or illegible referrals as lack of information could result in harm to staff, carers and CNRT professionals. Incomplete forms will be returned.**
- Once adequate referral information has been received, telephone contact to the patient will be made within 5 working days of their discharge.
- The client will be assessed in their home environment and a decision will be made as to the level and intensity of intervention required by CNRT on an individual needs basis. Acceptance of the client to the team will depend upon the outcome of the assessment process.

Useful Numbers:

Access Point: 01273 295555

Community Dietitian: 01273 696955 extension 4290

Community Physiotherapy Central Brighton: 01273 545290

Community Physiotherapy East Brighton: 01273 260010

Community Physiotherapy West Brighton: 01273 242006

Community Rapid Response Service: 01273 242117

Community Rehabilitation Service Crowborough: 01892 603601

Community Rehabilitation Team Uckfield: 01825 745023

Community Rehabilitation Team, Bognor: 01243 623669

Community Speech and Language Therapy: 01273 242075

Multiple Sclerosis Specialist Nurse: 01273 265887 (admin: 01273 265584)

Neurological Rehabilitation Service (Eastbourne): 01323 514867

Neurological Rehabilitation Team Coastal (South and West Teams) Worthing: 01903 846558

Neurological Rehabilitation Team North (Horsham): 01403 227000 ext: 7347

Newhaven Community Rehabilitation Team: 01273 511802 (non-neuro = 01273 510746)

Outpatient Neuro Physiotherapy: 01273 665087 or 01273 665111

Parkinson's Disease Specialist Nurse: 01273 265575 (admin: 01273 265584)