

How to access the service

Referrals are usually made by your GP to this service, but the service can also be accessed through a referral from a hospital team or other healthcare professional. If you are being supported by the service and have a query about your care or you are not being supported by the service and would like to know more you can contact the team through the dedicated Patient Care Advisors on 0300 303 8066. Or email the service: sc-tr.sussexdiabetesenquiries@nhs.net

If you need urgent help

Diabetes Care for You is not an urgent or emergency service. If you need urgent help:

- In an emergency, go to A&E or dial 999.
- Contact your GP immediately or call NHS 111 if your surgery is closed.

Get the best from your NHS

Our patient advice and liaison service (PALS) can help with questions, comments or concerns about NHS services. If you need advice about our services, facilities or staff, or would like to make a comment, please contact PALS at: Service Experience Team, Sussex Community NHS Foundation Trust, FREEPOST (BR117), Elm Grove, Brighton BN2 3EW.

Telephone: 01273 242292

Email: sc-tr.serviceexperience@nhs.net

Website: www.sussexcommunity.nhs.uk/pals

Other formats

Please ask any member of the team caring for you if you need this information in large print, Braille, easy read, audio tape, email. Or if you need help with understanding this information or require this in a language that is not English.



Diabetes Care for You

About Diabetes Care for You

Diabetes Care for You is a service for adults living with Type 1 and Type 2 diabetes and registered with a GP practice in the Brighton & Hove and High Weald Lewes and Havens area of East Sussex. This service helps people to live well with diabetes by offering advice and support and helping with diabetes management and meeting personalised goals.

The diabetes team

The team brings together consultants, diabetes specialist nurses, dietitians, podiatrists and psychologists, all of whom specialise in care for people with diabetes. The team works with you to explore your health needs, and to help you to understand and manage your diabetes in the best way possible.

The service has close links with hospital based diabetes services to ensure that if needed, you will have access to all of the services and further specialist clinicians your condition requires.

What we offer

- Annual review and ongoing support and care for people with Type 1 diabetes.
- Close working with paediatric teams for young people moving into adult services.
- Support and treatment for people that need extra help to manage their diabetes, including insulin and GLP-1 initiation for people with Type 2 diabetes.
- Group diabetes education sessions.
- Emotional and psychological care to support diabetes self-management and general wellbeing.
- Specialised support for women with diabetes that are trying to conceive/planning a pregnancy.

We also provide advice and educational training to GPs and practice nurses to help them provide extra support for people with diabetes in primary care.

The service operates from Monday to Friday 8:45am to 4:45pm.



Where we are

Patient Care Advisers are specially trained to provide administrative support to the Diabetes Care for You Service, and can help you with your appointment, any queries you may have and how to contact your clinical team.

When our Patient Care Advisors make contact, you will be offered an appointment at one of the following locations:

- Moulescomb Health Centre, Hodshrove Lane, Brighton BN2 4SE.
- Conway Court, Clarendon Road, Hove BN3 3WR.
- Newhaven Rehabilitation Centre, Church Hill, Newhaven BN9 9HH.
- Meads Medical Centre, Bell Farm Road, Uckfield TN22 1BA.
- Crowborough War Memorial Hospital, Southview Close, TN6 1HB.

