

Therapy Led Acquired Brain Injury Clinic

Introduction

This multi-professional and specialist service is for children and young adults who have an acquired brain injury.

Our aim is to offer a one off comprehensive, individual assessment and advice, tailored to the needs of children and young adults, their schools, colleges and families.

The team specialises in addressing cognitive, emotional, behavioural, physical and communication difficulties and the relationship between these areas.

This is a therapy led clinic. Should you require alternative rehabilitation advice and/or services, please see details on reverse.

About the clinic

Who can attend this clinic?

Children and young adults under the age of 20. For adults over the age of 20 funding will need to be agreed. We can help children with difficulties in the following areas:

- Learning, cognition and memory
- Behaviour and emotion
- Communication
- Independence skills
- Physical skills
- Integration into school
- Transitions within education

Why choose to come to a Therapy Led Acquired Brain Injury Clinic?

- To access specialist knowledge and expertise in children and young adults' acquired brain injury from a multi-professional team.
- To provide a detailed assessment and opinion to a child or young adult with an acquired brain injury to achieve their full potential.
- To support the local team, family and school or college by providing practical solutions and recommendations and to help plan for the future.

Who can refer me to the clinic?

Community Paediatricians or Therapists
Hospital clinicians, Child & Adolescent Neuropsychiatrists.

How often are the clinics?

This clinic is arranged on an individual basis.

About the appointment

Where will the appointment be?

Where the assessment takes place depends on what would be most beneficial. An assessment can take place:

- At a child or young adult's home
- In an educational establishment
- At Chailey Heritage Clinical Services
- In a combination of these places

How long is the appointment?

The assessment is dependent on needs and the requirements of the referrer. It will be specific to you and will take place over the course of one or two days. The timetable will be planned around you and your needs.

Who will I meet?

Depending on the requirements of the referral you will meet a combination of the following specialists (maximum of 3 per clinic)

- Physiotherapist
- Occupational Therapist
- Speech and Language Therapist
- Educational Psychologist
- Behaviour and Psychological Therapies Specialist

Members of the local team or teaching staff may be invited to attend some or all of the assessment. The appointment letter will give more details about how to let us know who is going to attend.





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What to bring to the Clinic?

It is important that you bring any equipment currently used including seating, communication books or aids, plus any switches, joysticks or other access systems currently used. A sample of current school work can be helpful.

We will ask for copies of recent reports from the local team before the assessment and we might want to speak with them or email them if we have permission to do so.

What will happen in the clinic?

The clinic starts with introductions to the team and an opportunity for you and your family and accompanying local professionals to talk through expectations from the assessment and think about the particular areas of difficulty which we may need to consider.

We will plan a timetable so that you spend time with each member of the team you need to see. The other team members may meet with family members or local professionals during individual sessions.

At the end of the clinic the team would meet with you and your family to discuss the results of the assessment, our recommendations and plan. Sometimes we will recommend a referral to other services we work closely with at Chailey Heritage Clinical Services if we feel this could be of benefit.

With your permission the team may take photographs or videos of you to help with assessment or monitoring your progress.

Testimonials

“It was particularly helpful that during the assessment she was seen by so many different therapists and a wide range of skills were assessed.”

“The report contained a wealth of information. It was clearly written and provided a framework for discussing his needs with his parents.”

What happens after the clinic?

A detailed report will be produced and will provide a record of the assessment, practical recommendations and document any decisions that have been made.

The report will be sent to you and your family, GP, the referrer and anyone else that you wish outlining practical strategies that will help with your difficulties. We aim to provide the report within a month of the assessment.

Following the assessment we will liaise with the local team, school or college regarding our recommendations. When you receive the report, if you want more information you are welcome to contact us.

What happens if I require more help or a new appointment?

- If required we can arrange a meeting with your school, college or local team. Funding will need to be agreed before we can proceed
- If the team think you would benefit from ongoing rehabilitation then we would contact your commissioner to discuss how best these needs might be met
- Any recommended equipment is not funded or supplied through the clinic as it is assessment only

Alternative rehabilitation services we can provide are:

Residential Rehabilitation
Community Rehabilitation

We're here to help

We're always happy to answer any queries that you may have.

If you have any queries at all, please contact the clinic secretary on:

 **Phone:**
01825 722112

 **Fax:**
01825 724719

 **Email:** sc-tr.enquirieschcs@nhs.net

Or visit our website:
www.sussexcommunity.nhs.uk/chailey