



Neuropathic Bladder Clinic / Service

Introduction

This is a joint clinic between Specialist Nurse Practitioner and visiting Consultant Paediatrician specialising in neuropathic bladder management.

This clinic/service is for children and young adults up to the age of 20 years and older 'subject to funding' who have a possible neuropathic component to their continence issues.

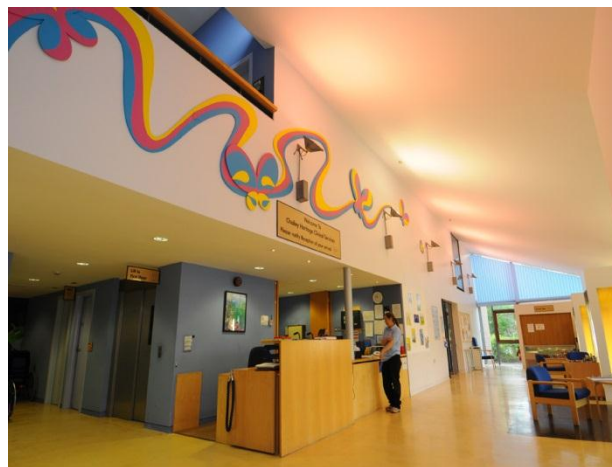
About the Clinic/Service

Who can attend this clinic?

Children and young adults under the age of 19 (at time of referral).

Why choose to come to this Specialist Neuropathic Bladder Clinic ?

- To seek advice and management /treatment programme from a highly specialised Nurse Practitioner and Consultant Paediatrician.
- This clinic focuses on those who have continence problems as a consequence of neurological impairment and complex disabilities.
- To obtain a more detailed in-depth assessment of continence difficulties including post-operative issues.
- To diagnose a continence disorder and provide treatment/management support.
- To support the local Paediatrician, multidisciplinary team and local continence teams.
- To seek a second opinion if continence difficulties have not responded to conventional treatments.
- To provide information and support.
- To advise on specialist equipment, aids to improve continence.
- To transition into adult services.



Who can refer to the clinic?

Referrals can be made to this service by your paediatrician, GP or other health professionals. This clinic is part of the pathway for Children's continence service within Sussex Community NHS Foundation Trust.

How often are the clinics?

The clinic is held 4 times a year.

The referrals are triaged by Specialist Nurse Practitioner and the clinic pathway includes home visits as appropriate prior to or subsequent to clinic appointment.

The Specialist Nurse Practitioner may arrange a more detailed bladder function assessment if deemed necessary; the time for this appointment is flexible depending on need.

About the appointment

How long is the appointment?

Nurse Practitioner and Consultant appointment will last 30 minutes.

Who will I meet ?

Specialist Nurse Practitioner, Independent Prescriber.
Consultant Paediatrician specialising in neuropathic bladder.

About the appointment cont'd

Where will the appointment be?

Outpatient Clinic at Chailey Clinical Services. When you arrive, the receptionist will show you where to wait for your appointment. The Nurse Practitioner will meet you and take you to the clinic room.

What do I need to bring with me?

Any relevant clinical records, reports or letters. You may have been sent a fluid / balance chart to be completed prior to the appointment, however not everyone will require this.

If you are having a bladder function assessment this will be discussed with you prior to the appointment and an explanation provided of what you will need to bring.

What will happen during the appointment?

After initial introductions, we will ask you your views with regard to the referral.

A medical history will be taken. This will be followed by an assessment. Following this a discussion will take place regarding probable diagnosis, appropriate treatment plan and liaison with your local services if this is felt appropriate. Recommendations for other investigations can be made from this clinic which may give us more information regarding your probable diagnosis.

You may have many questions and we will ensure that time is given to address these. Parents and partners are encouraged to attend together. A family member or a friend is also very welcome.

If appropriate, a follow-up appointment may be offered.

What will happen after the clinic

Following on from the clinic, a report in the form of a letter documenting the discussion and decisions made will be sent to you, your referrer, GP and anyone else you would like it to go to.

As this clinic is part of a pathway, if appropriate, the Specialist Nurse Practitioner may liaise with your local services.

We're here to help

We're always happy to answer any queries that you may have.

If you have any queries at all, please contact the Clinic secretary:

 **Phone:**
01825 722112

 **Fax:**
01825 724719

 **Email:** sc-tr.enquirieschcs@nhs.net

 **Or visit our website:**
www.sussexcommunity.nhs.uk/chailey