



Neurology Clinic

Introduction

This is a clinic for children and young adults with complex physical disability and neurological problems. The clinic is run jointly with a visiting Paediatric Neurologist and a Paediatrician specialising in Neurodisability.

A neurologist is a doctor who specialises in the way brain and nerve pathways work. A neurodisability specialist is a doctor who understands the issues of disability and long term conditions.

About the clinic

Who can attend this clinic?

Children and young adults up to the age of 16. Up to the age of 19 under special circumstances.

Why choose to come to a Neurology Clinic?

- You will be seen by a consultant Paediatric Neurologist from the Evelina Hospital.
- You will also see a Paediatrician in Neurodisability who will ensure that your local team is involved.
- You will be able to access a jointly run clinic where neurological problems can be discussed and assessed locally.
- You will have a reduced need to travel longer distances.

*However, specialist investigations, if they are required might have to be carried out at the Evelina Children's Hospital, London.

Who can refer me to the clinic?

Referrals can be made to this service by your paediatrician or GP.

Urgent referrals must be referred directly to the Neurology service at the Evelina Children's Hospital London

How often are the clinics?

This clinic is held 4 times a year.

About the appointment

How long is the appointment?

For a first appointment we allocate an hour. Follow up appointments are allocated 30 minutes.

Who will I meet?

- Visiting Consultant
- Paediatric Neurologist from the Evelina Children's Hospital, London
- Consultant Paediatrician in Neurodisability, Chailey Clinical Services

Your own team is welcome to join the clinic with your permission.

Where will the appointment be?

In one of the Out Patient Clinic rooms at Chailey Clinical Services. When you arrive our receptionist will check that we have your correct details and show you where to wait for your appointment.

What do I need to bring to the clinic?

It would be useful if you can bring your Child Health Record if available and any relevant clinical records or letters.





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What will happen during the appointment?

You will be asked about your referring problem which will be followed by a clinical examination. After the assessment our recommendations will be discussed with you. We realise that you may have questions and we will ensure that we make time to answer these.

You may require blood tests or x-rays and these may be done at Chailey. More complex tests may be required e.g. a special scan, in which case we will arrange that at a hospital.



What will happen after the clinic?

Following on from the clinic, a report of the assessment is sent to you within 3 weeks of the appointment documenting the discussion and decision made. A copy will be sent to your referrer, GP and any one else you would like it to go to.

We're here to help

We're always happy to answer any queries that you may have.

If you have any queries at all, please contact the clinic secretary on:

 **Phone:**
01825 722112

 **Fax:**
01825 724719

 **Email:** sc-tr.enquirieschcs@nhs.net

Or visit our website:
www.sussexcommunity.nhs.uk/chailey