



# Neurodisability Clinic

## Introduction

This clinic is for children and young adults with multiple and complex disabilities who require an expert opinion on their clinical care from a consultant paediatrician specialising in neurodisability.

## About the clinic

### Who can attend this clinic?

Children and young adults under the age of 19 (at time of referral).

### Why choose to come to a Neurodisability Clinic?

- To seek an expert opinion in clinical management
- To support for your local paediatrician or local multidisciplinary team.
- To advise, plan and implement clinical management on a shared care basis with your local paediatrician.

### Who can refer me to the clinic?

Referrals can be made to this service by your paediatrician, GP or any member of your multidisciplinary team.

### How often are the clinics?

The clinic is held once a month.

## About the appointment

### How long is the appointment?

The appointment will be approximately 45 minutes

### Who will I meet?

One of the following :

- Consultant Paediatrician in Neurodisability

### Where will the appointment be?

In an Out Patient Clinic room at Chailey Clinical Services. When you arrive our receptionist will check that we have your correct details and show you where to wait for your appointment.

### What do I need to bring with me?

Any relevant clinical records, reports or letters.

### What will happen during the appointment?

After initial introductions, we will ask you your views with regard to the reasons you have been referred. A clinical examination will follow after which our assessment and recommendations will be discussed with you. At the appointment some tests may be carried out. In other cases referrals will be made for investigations to be carried out elsewhere.

You may have many questions and we will ensure that time is given to address these. Parents and partners are encouraged to attend together. A family member or a friend are also very welcome.

Sometimes we will recommend a referral to other services with whom we work closely with and which could be of benefit to you.



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### What will happen after the clinic?

Following on from the clinic, a report of the assessment is sent to you within 3 weeks of the appointment documenting the discussion and decision made. A copy will be sent to your referrer, GP and any one else you would like it to go to.

## We're here to help

We're always happy to answer any queries that you may have.

If you have any queries at all, please contact the clinic secretary on:

 **Phone:**  
01825 722112

 **Fax:**  
01825 724729

 **Email:** [sc-tr.enquirieschcs@nhs.net](mailto:sc-tr.enquirieschcs@nhs.net)

**Or visit our website:**  
[www.sussexcommunity.nhs.uk/chailey](http://www.sussexcommunity.nhs.uk/chailey)