



General Surgical Clinic

Introduction

This is a clinic for children and young adults with complex physical problems where clinical issues have developed that need a surgical opinion. The clinic primarily deals with issues of nutrition, feeding and bladder management in the context of disability but does take other referrals that require the opinion of a paediatric surgeon.

About the clinic

Who can attend this clinic?

Children and young adults under the age of 19 (at time of referral).

Why choose to come to a General Surgical Clinic?

- To meet a team experienced in surgical problems and disability issues.
- To discuss issues with other members of the team who are experts in nutrition and can advise on nutritional and feeding problems in the context of disability.
- To access a local specialist service which can reduce the need to visit a hospital or other centre further away.

Who can refer me to the clinic?

Referrals can be made to this service by your paediatrician, or GP.

How often are the clinics?

Bi monthly (6 times a year)

About the appointment

How long is the appointment?

The initial appointment time is usually 45 minutes.

Review appointments are between 15 and 30 minutes.

Who will I meet?

- Consultant Paediatrician in Neurodisability
- Visiting surgeon from Royal Alexander Children's Hospital, Brighton
- Paediatric Dietician
- Paediatric Speech & Language Therapist
- Nutrition Nurse Specialist

Where will the appointment be?

In an Out Patient Clinic room at Chailey Clinical Services. When you arrive our receptionist will check that we have your correct details and show you where to wait for your appointment.



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What will happen during the appointment?

At the clinic the reason for your referral will be discussed and a plan of action developed in full consultation with you. There may also be a physical examination if appropriate. Any relevant investigations will be organised from the clinic.

What will happen after the clinic?

Following on from the clinic, a report of the assessment is sent to you within 3 weeks of the appointment documenting the discussion and decision made. A copy will be sent to your referrer, GP and any one else you would like it to go to.

We're here to help

We're always happy to answer any queries that you may have.

If you have any queries at all, please contact the clinic secretary on:

 **Phone:** 01825 722112

 **Fax:** 01825 724719

 **Email:** sc-tr.enquirieschcs@nhs.net

Or visit our website:
www.sussexcommunity.nhs.uk/chailey