



Dental/Palatal Training Therapy / Electropalatography Clinic

Introduction

This is a specialist service, run jointly by a dentist and speech and language therapist, for the assessment of oral difficulties and the making of appliances to help children and young adults, who experience difficulties with speech, eating, drinking and saliva control.

About the clinic

Who can attend this clinic?

Children and young adults under the age of 19 (at time of referral). For adults over the age of 19 funding will need to be agreed.

Why choose to come to the Dental / PTT Clinic?

- When you need specialist advice on oral difficulties affecting your speech, eating, drinking or saliva control.
- When your oral problem has not responded to more conventional treatment methods.
- To try a non-invasive approach to treating oral difficulties using removable appliances.
- To improve your oral skills prior to using other treatment methods.

Who can refer me to the clinic?

Referrals can be made to this service by your speech and language therapist, G.P. or other healthcare professionals.

How often are the clinics?

The clinics are held every two to three weeks throughout the year.

About the appointment

How long is the appointment?

The times vary from 30 minutes for your first appointment to 15 minutes for any follow-up appointment.

Who will I meet?

Consultant in Paediatric Dentistry
Specialist Speech & Language Therapist
Clinic Health Worker
Dental Nurse

Where will the appointment be?

In the Dental Clinic at Chailey Clinical Services. When you arrive our receptionist will check that we have your correct details and show you where to wait for your appointment. The clinic nurse will meet you and take you to the clinic room.

What will happen during the appointment?

After an initial introduction, relevant medical and dental history will be taken and a routine assessment of your teeth will be made. Examination can take place in the dental chair or in your own seating system.

The first visit may include taking an impression of your top teeth in order to assess your dental state and / or to design an appliance. There will be opportunities to discuss the outcome of the assessment and recommendations as well as any concerns or further information that you may need concerning the treatment.

At this appointment your permission will be sought for consent to any treatment as well as consent for photographs or video recordings that may be needed for monitoring progress.



"I love "



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What will happen after the clinic?

If treatment has been agreed and an impression of your teeth has been taken, you will be offered an appointment in two to three weeks time to fit the appliance. Subsequent appointments will be made as needed, to make any adjustments to your appliance and to monitor progress. You will be shown how to put your appliance in your mouth and how to remove it as well as being given a recommended programme of wear and a leaflet on how to care for your appliance.

Following this appointment a letter will be sent to the person who referred you to this service with copies to you, your G.P. and any other healthcare professionals as requested by you. There will also be liaison with your local Speech and Language therapy service throughout the treatment.



"my brace"

We're here to help

We're always happy to answer any queries that you may have.

If you have any queries at all, please contact the clinic secretary:

Phone:
01825 722112

 **Fax:**
01825 724719

 **Email:** sc-tr.enquirieschcs@nhs.net

 **Or visit our website:**
www.sussexcommunity.nhs.uk/chailey