



# Combined Clinic for ENT & Oral Difficulties

## Introduction

This is a multi-professional service which is available for children and young adults with ear, nose, throat (ENT) and/or oral motor difficulties.

## About the clinic

### Who can attend this clinic?

Children and young adults under the age of 19 (at the time of referral). For Adults over the age of 19 funding will need to be agreed.

### Why choose to come to a Combined Clinic for ENT and Oral Difficulties?

- You'll be able to discuss your oral difficulties and / or ENT issues with an experienced team, including a consultant ENT surgeon, specialist Speech and Language Therapist and an associate specialist in paediatrics.
- You will be able to discuss any issues you have associated with speech, eating, drinking and/or saliva control.

### Who can refer me to the clinic?

You will need a referral from your paediatrician, GP, Speech and Language Therapist or any other health professional.

### How often are the clinics?

The clinic is held monthly.



## About the appointment

### How long is the appointment?

The appointment will last approximately 15 minutes.

### Who will I meet?

- Consultant ENT Surgeon
- Associate Specialist in Paediatrics
- Specialist Speech and language Therapist

### Where will the appointment be?

In the Out Patient Clinic at Chailey Clinical Services. When you arrive our receptionist will check that we have your correct details and show you where to wait for your appointment. The clinic health worker will meet you and take you to the clinic room.

### What will happen during the appointment?

After initial introductions, we'll make a note of any relevant medical history. The consultant ENT surgeon will carry out an examination of your ears, nose and throat to see if there are any factors and associated problems underlining the oral difficulties. Referral for other ENT investigations or ENT surgery can be made from this clinic.

The Speech and Language Therapist will assess your oral ability and possibly arrange another appointment to meet you in your home, local school or clinic to set up a programme helping you with speech, eating, drinking or saliva control.

The associate specialist in paediatrics will ask you any questions concerning health issues and medications, which may be having an effect on your oral ability.

The team will then develop and discuss a treatment plan with you which may include one of the options below:

- Further ENT investigation
- Oral Skills Training
- Palatal Training Therapy
- Botulinum Toxin
- Medication
- ENT Surgery

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### What will happen after the clinic?

A report of the assessment will be sent to you within 3 weeks of the appointment, documenting the discussions and decisions made with a note of all those who attended the clinic. A copy of the report will also be sent to your referrer and GP. If any other professionals need a copy please let us know.

## We're here to help

We're always happy to answer any queries that you may have.

If you have any queries at all, please contact the Clinic secretary on:

 **Phone:**  
01825 722112

 **Fax:**  
01825 724719

 **Email:** [sc-tr.enquirieschcs@nhs.net](mailto:sc-tr.enquirieschcs@nhs.net)

**Or visit our website:**  
[www.sussexcommunity.nhs.uk/chailey](http://www.sussexcommunity.nhs.uk/chailey)