

# BRIGHTON & HOVE BREASTFEEDING SUPPORT SERVICES

Details of services currently operating in the local area - updated 27/10/21

## COMMUNITY SERVICES

### MIDWIFERY SERVICE

For babies under maternity care, the community midwives are available by telephone: 01273 664794  
Specialist Infant Feeding team offer home visits, with referral through community midwife.

### HEALTHY CHILD PROGRAMME

For babies discharged from maternity care, support available from community nursery nurses, staff nurses or health visitors.

Contact for Healthy Child Programme staff is via a single point of contact number: 01273 266000  
Lines open Monday-Friday, 9am - 5pm. A central duty system is operating on this phonenumber, but your named health visitor can also be contacted through this number.

Contact for Healthy Child Programme staff can also be made through The Parentline Text Service. Text messages are responded to Monday - Friday, 9:30am - 3:30pm: 07507 331296

### SPECIALIST BREASTFEEDING SERVICE

For complex breastfeeding challenges.  
Contact directly for appointment:  
SC-TR.BreastfeedingteamBrightonandHove@nhs.net  
01273 666485 (messages taken and next available appointment given)  
Access also available through community midwife or family health visitor.  
Appointments available on Wednesdays as telephone/video assessments, followed by a face-to-face appointment at the team's discretion.

## VOLUNTARY SERVICES

### SCFT NHS PEER SUPPORT SERVICE

Community support from birth onwards.  
Available on closed Facebook group: Breastfeeding Peer Support Service Brighton & Hove.  
Peer supporters are active between 10am-10pm, 7 days a week.

### BRIGHTON BREASTFEEDING DROP-IN, HANOVER

Face-to-face drop-in providing support from birth onwards. Every Tuesday, 10:30am - 12:00pm at Hanover Community Centre, 33 Southover Street.  
£2 donation, includes cup of tea. Toddlers welcome.  
Facebook group: Brighton Breastfeeding Drop-in.

### LA LECHE LEAGUE - SUSSEX

Community support from birth onwards. Zoom meetings once a month. Non-members welcome. For details, visit website: [www.lllsussex.org.uk/meetings-in-sussex.html](http://www.lllsussex.org.uk/meetings-in-sussex.html)

### NCT

Community support from birth onwards. Access to NCT Breastfeeding Counsellor every day of the year, 8am - midnight through telephone helpline: 0300 330 0700

### NATIONAL BREASTFEEDING HELPLINE

Telephone support from birth onwards. Calls answered by ABM and BfN trained volunteers who have themselves breastfed. 9:30am - 9:30pm every day of the year through helpline: 0300 100 0212

# BRIGHTON & HOVE BREASTFEEDING SUPPORT SERVICES - WHERE SHALL I TURN?

