

**NHS****Sussex Community
NHS Foundation Trust****June 2020**

newsletter

We are currently focusing on **Covid-19** research as directed by the government. All types of research are important not just projects involving treatments, diagnosis or a vaccine, some projects involve studying the progress of COVID-19, the effects of social distancing or on people's well-being. There are opportunities for SCFT patients & staff to be involved. For further details about the studies and full inclusion/exclusion criteria please contact the Research Team: SC-TR.Research@nhs.net

We will be restarting research activities which have been paused due to Covid-19 in due course, in accordance with the NIHR framework.

Study Title: The Covid-19 Resilience Project

This UK-wide study led by Greater Manchester Mental Health NHS Foundation Trust and The University of Manchester, aims to evaluate the impact of COVID-related stressors on a range of mental health outcomes of interest, including anxiety, depression, post-traumatic stress, general well-being and compassion fatigue/burn-out. You are invited to participate in the online confidential survey. This should take around 30 minutes to complete. The survey data will be used to better understand the psychological impact of COVID-19 on NHS staff, and to identify potential targets for psychological interventions and support for NHS staff in the recovery phase following the COVID-19 crisis.



Who can take part? NHS staff whose job role involves direct patient contact and care provision (including face-to-face, telephone and online contact)

To sign up or for further details: <https://sites.manchester.ac.uk/covid19-resilience-project/>

Study Title: Clinical Characterisation Protocol for Severe Emerging Infection (CCP-UK)

This **nationally prioritised study** is collecting data to contribute to the evidence base for COVID-19 to inform treatment decisions for patients.

The Research Team are collecting anonymous data from patients with a diagnosis of COVID-19 across SCFT bedded units. If you work on one of our bedded units you may be asked to help identify patients with a diagnosis of COVID-19 and help facilitate providing access to medical notes.



Please check the study website for details: <https://isaric.tghn.org/UK-CCP>

**Study Title: Psychological impact of COVID-19 pandemic and experience:
An international survey**

SCFT Research and Innovation department are supporting a study led by Southern Health NHS Foundation Trust. The study is exploring the psychological impact of the coronavirus and its effect on our emotions, behaviour and wellbeing.

Who can take part? All SCFT staff and patients over 16 years old with internet access.

STAFF	If you would like to take part please click here: https://bit.ly/2SnQvg1 to complete the 15-20 minute anonymous questionnaire . You can invite your colleagues and teams to take part by forwarding this email.
PATIENTS	If you would like to invite your patients to take part you must first contact the Research department on SC-TR.Research@nhs.net . We will provide you with the approved patient documents which must be used and help you to facilitate involving your patients in this study.

Study Title: PRedictors Of Mindfulness-based Self-help Engagement (PROMISE)

This study is exploring the effects of mindfulness meditation, provided by the course Headspace. Participants are given a year's free subscription to Headspace and asked to complete two short online surveys. At the end of one year, usage data (how many times you have used the app) will be collected on everyone who has taken part. Please note: SCFT do not have access to any data.



Who can take part? All SCFT staff with internet access

To sign up or for further details: <http://bit.ly/PROMISESTUDY>

Study Title: NHS Work Communication & Impact of COVID-19

Royal Free London 
NHS Foundation Trust

Researchers from a collaboration group led by Royal Free London NHS Foundation Trust are inviting NHS staff to take part in a short (7-10 minute) questionnaire exploring the impact of work related communications on wellbeing, before and during the coronavirus pandemic. The aim of this study is to better understand how work life balance is being affected by newer forms of communication and potential communication overload as the coronavirus induces both more communication and has forced remote working.

Who can take part? All SCFT staff with internet access

For further details or to take part: <https://bit.ly/3gWok2G>

Study Title: The Covida Study - A digital wellbeing tool to assess the psychological impact of the COVID-19 pandemic on healthcare professionals across the UK

The aim of this national study is to help reveal the pressure NHS staff are under; how this changes as the COVID crisis evolves; and what factors make things worse/better.

The initial survey is now closed.



Research Activity Summary

We recruited 790 participants in 2019/20 to NIHR portfolio studies and therefore met our LCRN pledge. We also recruited 91 participants into non-portfolio studies, which gave us a total of 874 recruited participants. We thank all patients, carers and staff that have supported research and look forward to another productive year.

The Health Foundation

Are inviting researchers to submit proposals for research that seeks to understand the impact of the COVID-19 pandemic in two distinct areas.

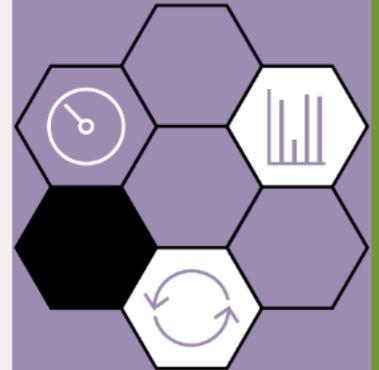
- How health and social care service delivery has changed in light of COVID-19.
- The impact of COVID-19 on health inequalities and the wider determinants of health.

The programme is now open for applications:
www.health.org.uk

COVID-19 Research Programme

Our new research programme seeks to understand the impact of the COVID-19 pandemic in two distinct areas.

[Apply now](#)



Research Events

SCFT Research events are postponed until further notice. We will circulate alternative arrangements or new dates in due course.

Research Design Service South East

Are you interested in a clinical academic research career? Join the **NIHR Research Journey online seminar – 17th June 12.30-14.30**
www.rds-se.nihr.ac.uk

Young People's Advisory Group

The latest meeting of the **YPAG, Kent Surrey & Sussex** was held online on Saturday 6th June. The group were given a presentation from a Speech and Language specialist followed by a series of short interactive activities where members were asked to contribute their thoughts and feedback. If you are interested in presenting your research project please contact: ypagkss@nihr.ac.uk



For the latest research news, events & funding opportunities follow us on social media:  
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