



Research



Sussex Community
NHS Foundation Trust

newsletter

June 2023

There are opportunities for SCFT patients & staff to be involved in Research.
For further details about the studies and full inclusion/exclusion criteria please contact
the Research Team: SC-TR.Research@nhs.net

For the latest research news, events & funding opportunities follow social media:
Twitter [@scft_research](https://twitter.com/scft_research) Facebook [@scftresearch](https://www.facebook.com/scftresearch)



Research Week

12-16th June 2023
'Research in the Community'

A partnership event between
Sussex Community NHS Foundation Trust (SCFT) &
Kent Community Health NHS Foundation Trust (KCHFT)

Programme details & FREE Registration:
www.sussexcommunity.nhs.uk/about-us/research.htm
Under the 'Research in the Community 2023' heading

Online sessions 12-2pm Monday to Friday
with speakers, presentations, abstracts + Q&A

Join the research conversation!
[@scft_research](https://twitter.com/scft_research) [@KCHFT_Research](https://twitter.com/KCHFT_Research)



Research Week Registration open!

12 noon to 2pm sessions via TEAMS

- 12th June **Inclusive Research: everyone counts**
- 13th June **Sustainability: keeping research green**
- 14th June **Digital: transforming health**
- 15th June **Integrated Care: working together**
- 16th June **Celebrating Research Journeys**

To see the programme & register click on the
session titles above or check the Pulse events
calendar: <https://thepulse.intranet.scft.nhs.uk/>

Children

Study Title: **Children's Palliative care Outcome Scale Validation Study (CPOS)**

This project aims to help test a questionnaire developed for children and young people who are unwell and their parents/carers. The questionnaire assesses the concerns of children and young people with a serious condition and those of their parents/carers. It is intended to ensure that health professionals ask about and address the things that matter to children and young people and their families.



Who can take part? Participants identified by our children's community nursing teams.



Excellent care at the heart of the community

Diabetes

Study Title: **REDUCE Trial – Reducing the impact of diabetic foot ulcers**

This study is part of a larger programme of research which aims to reduce the impact of diabetic foot ulcers on patients and the health service (the REDUCE programme). This study will be testing a package of support aiming to help people reduce the chances of another ulcer happening and, should one occur, to help people to access the right support quickly.



Who can take part? Adults who receive footcare from the Diabetes Care For You Service, and who have a recently healed diabetic foot ulcer.

Study Title: **EQUIPD - A process evaluation of the National Diabetes Audit Quality Improvement Collaboratives**

The purpose of this study is to explore how people engage with, and respond to, the National Diabetes Audit Quality Improvement Collaborative. To achieve this, we would like to interview both people who are involved with the Collaborative and people who have not yet joined.



Who can take part? Participants identified by the SCFT Diabetes Services.

Frailty

Study Title: **LiFE - Living Well with Frailty Experiences Study**

The aims of this study are: 1) to understand what frailty means for older people and their family carers, and to understand what it is like to experience and live with frailty. 2) to use these understandings to help design person-centred interventions for people with frailty.



Who can take part? Service users and health care professionals who deliver frailty services.

Musculoskeletal

Study Title: **IMID (Immune-Mediated Inflammatory Diseases) BioResource**

The IMID BioResource is a component part of the NIHR BioResource. It aims to help research into the causes of Immune-Mediated Inflammatory Diseases and understand determinants of IMID severity and treatment response. All volunteers donate a blood sample and consent to be contacted and invited to participate in future medical research, based on analysis of their samples and information they have supplied.



Who can take part? Patients with immune-mediated inflammatory diseases (IMIDs) and relatives identified by MSK services. For more information click [here](#)

Study Title: [Predictors of Outcome in Sciatica Patients following an Epidural steroid injection: a prospective observational cohort study \(POiSE\)](#)

This study is a multicentre prospective observational cohort study to identify prognostic factors associated with outcome following an epidural steroid injection (ESI) for patients with disc-related sciatica. The findings will enable clinicians to better predict if patients are likely or unlikely to benefit from ESI and add to best practice for managing disc-related sciatica.



Who can take part? Participants aged 18 years or over with a clinical and MRI confirmed diagnosis of disc-related sciatica who are eligible for an epidural steroid injection (ESI) identified through SCFT Coastal Sussex Integrated Musculoskeletal Service.

Neurological

Study Title: [MND Register for England, Wales and Northern Ireland](#)

This is a research database that will act as a central resource of information from patients with Motor Neuron Disease (MND) in England, Wales and Northern Ireland.



Who can take part? Patients identified by the MND team. For more information click [here](#)

Study Title: [Implementing EDACS](#)

Implementing the Eating and Drinking Ability Classification System across health and social care settings for adults with cerebral palsy to improve shared decision-making and eating and drinking outcomes.



Who can take part? Patients & carers identified by wheelchair services or self-referral from adults with cerebral palsy or their Carers by emailing: sc-tr.iedacs@nhs.net. For more information click [here](#)

Palliative Care

Study Title: [PALLUP Study- improving home- based support for older people with complex needs](#)

The study aims to improve the way older people and their families are supported in their final years to have as good as quality of life as possible. The study focuses on older people who are entirely reliant on others for help with needs such as personal care and getting out of the house. Older people and their family carers from community services have already been recruited to the study.



Who can take part? There will be an opportunity for staff from the Coastal Community Nursing Team to take part in the study by attending Staff Focus Groups led by the researchers in the Autumn.

News

KCHFT Research Champions

Developed by Kent Community Health NHS Foundation Trust and the Centre for Health Service Studies at the University of Kent, this programme is aimed at nurses, AHP's, dental and other patient-facing staff, and designed to develop the research capabilities of clinical staff.

External places are available to staff in the Kent, Surrey & Sussex region and require funding from employers. SCFT staff must apply via the Funding Panel. Contact the **SCFT Research Team** for full info. Deadline for applications: **12th June 2023**.



RCOT Annual Conference 2023

Wednesday 14th June 2023

Dr Denise Harris, Head of Learning and Organisational Development at SCFT, is presenting her research project at the forthcoming Royal College of Occupational Therapists virtual Conference. Session Title: Rethinking supervision practices: embracing complexity and paradox. Session Time: 14:45-15:45 (subject to any conference timetable changes).

Details: <https://www.rcot.co.uk/annual-conference>

Research Strategy & Governance Group

We are looking for new members to help encourage a research-positive culture at SCFT. If you are interested, please email us for details: sc-tr.research@nhs.net. If you are undertaking any projects at SCFT, there are opportunities to do a 10-15min presentation to the group and receive feedback & support from research interested colleagues. Next meeting: **19th June 12noon**. The research strategy is due to be launched and reviewed at this meeting.

The benefits include:

- Contribute to our strategy to increase research activity in the Trust
- Help shape the future of research at SCFT
- Hear about staff led projects
- Network with a group of research interested people
- Inclusive and friendly group
- All levels of research knowledge/experience welcome
- Become the research contact for your team/service
- Minimal requirement of 1.5hr meetings four times a year (we welcome deputies if you can't make a meeting)
- Knowledge sharing opportunity
- Experience for your PDR and CV
- Finding out what is going on in other clinical areas

ARC KSS PhD Scholarship

The University of Kent, in collaboration with the NIHR Applied Research Collaboration Kent, Surrey, Sussex are offering a PhD scholarship (3-year full-time or 5 years part-time) to be based in the Centre for Health Services Studies.

Applications welcome to undertake research focusing on primary and/or community care.

Closing date: **2nd July 2023** [Further details click here](#)



Save the Date

CRN KSS Associate Principle Investigator Meeting

14 July 2023, 9:30am – 1:30pm
(followed by lunch)

Holiday Inn Gatwick (RH6 0BA)

This event is for any healthcare professional who is interested in hearing how they can incorporate research into their day to day role.
Agenda & Registration tbc.

NIHR | Clinical Research Network
Kent, Surrey and Sussex

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Venue: Holiday Inn Gatwick (Povey Cross Road, Horley, Gatwick, RH6 0BA)

Young People's Advisory Group

The recent Young People's Advisory Group, Kent, Surrey & Sussex **YPAG KSS** meeting took place online on Saturday 20th May. An early career researcher presented their ARC KSS funded project and received some helpful feedback from the group on their patient facing documents. And a researcher who presented previously, returned to feedback their study results to the group.

The next meeting will take place on **15th July**.

If you are interested in presenting your project to the group please contact: ypagkss@nihr.ac.uk



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