

**NHS****Sussex Community
NHS Foundation Trust****June 2022**

newsletter

There are opportunities for SCFT patients & staff to be involved in Research.
For further details about the studies and full inclusion/exclusion criteria please contact the
Research Team: SC-TR.Research@nhs.net

For the latest research news, events & funding opportunities follow social media:

Twitter [@scft_research](https://twitter.com/scft_research) **Facebook** [@scftresearch](https://www.facebook.com/scftresearch)

Covid-19 Research

Study Title: **Cohort Monitoring of the Safety of COVID-19 Vaccines**

Led by the UK Drug Safety Research Unit, this study is part of a wider European study monitoring Covid vaccine side effects. Looking at how frequently they happen or if some people are more likely to experience them.

DSRU Education and Research Ltd
Drug Safety Research Unit
www.dsrug.org



Who can take part? Participants need to register within two days of receiving their **FIRST COVID-19** vaccine or **BOOSTER** vaccine.

For further details: <https://www.covidvaccinemonitor.co.uk/>

Children

Study Title: **Breathe-Easy**

This study is looking at the experiences of children with complex neuro-disability and their families when they use a new postural management night-time intervention. The intervention involves positioning children safely on their fronts to lower the risk of aspiration and, therefore, to lower the risk of respiratory illness. Observations and measures of children's respiratory and sleep outcomes will be carried out before and after carefully introducing the night-time intervention. Additionally, interviews will be held with children, parents, carers and relevant health professionals to find out what they think and feel about the new intervention, including any issues/challenges that occurred.

NHS
Sussex Community
NHS Foundation Trust

Who can take part? For information check [here](#) or contact Dr Sarah Crombie sarah.crombie@nhs.net

Study Title: **Implementing EDACS**

Implementing the Eating and Drinking Ability Classification System **EDACS** across health and social care settings for adults with cerebral palsy to improve shared decision-making and eating and drinking outcomes.



Who can take part? Patients & carers identified by wheelchair services or self-referral from adults with cerebral palsy or their Carers by emailing: sc-tr.iedacs@nhs.net

Study Title: **MOTION - Clinical Gait Analysis: Normative Data for Children with Cerebral Palsy**

The purpose of this part of the **MOTION** project (Mechanised Orthosis for children with neurological disorders) is to collect clinical gait analysis data (a walking assessment) from children with cerebral palsy aged 6 to 12 years old. The assessment results will be used to help inform the design and development of robotic assistive walking devices - to promote standing, walking and rehabilitation



Who can take part? Participants identified via SCFT Child Development Centres

Study Title: **MOTION – Online Survey of Healthcare Professionals**

The aims of this part of the **MOTION** study are:

1. To understand the training needs of health care professionals in wearable, lower limb, robotic assistive technology for children using an online questionnaire.
2. To use this information to develop online and in person training packages, materials and resources.



Who can take part? Healthcare professionals who work with children can complete the [survey](#)

Study Title: **MOTION - Interviews to assess parents' views on, and training needs in, the use of robotic assistive technology (exoskeletons) for their children**

The **MOTION** project aims to develop an exoskeleton and associated technology and train parents and professionals in its use. This part of the project is to interview parents about their use and knowledge of, and training needs in, robotic assistive technologies like exoskeletons, and to use the outcomes to help develop appropriate training.



Who can take part? Parents or carers of children or young people up to the age of 18 with cerebral palsy, who regularly uses rehabilitation services such as Occupational Therapy (OT) and Physiotherapy. Contact: Joanna Apps, Principal Research Fellow motion@canterbury.ac.uk for more information.

Study Title: **PACE - Physical Activity in Childhood Epilepsy**

The Pace Study aims to assess levels of physical activity in children with epilepsy and compare it to a group of children without epilepsy. Also assess which factors might contribute to levels of physical activity in children with epilepsy and ask both parents and children about possible barriers with accessing physical activity.



Who can take part? Eligible Families identified by the SCFT Child Development Centres.

Study Title: Sleep-Impulsivity-Behaviour (SIB) Study

This research project, led by Dr Caroline Richards, is based in the School of Psychology at the University of Birmingham. The project aims to better understand behaviour in children with autism and intellectual disability.



UNIVERSITY OF
BIRMINGHAM

Who can take part? Families identified by Child Development Services

Frailty

Study Title: LiFE - Living Well with Frailty Experiences Study

The aims of this study are: 1) to understand what frailty means for older people and their family carers, and to understand what it is like to experience and live with frailty. 2) to use these understandings to help design person-centred interventions for people with frailty.



University of Brighton

Who can take part? Service users and health care professionals who deliver frailty services.

Mental Health

Study Title: RESPOND - Comparing the Effects of Mindfulness-Based Cognitive Therapy and Treatment as Usual in Patients who are Continuing to Suffer from Depression after IAPT High-Intensity Therapy

Mindfulness-Based Cognitive Therapy (MBCT) has been shown to be effective in reducing the risk of relapse in patients with recurrent depression and who are currently in recovery. This study is looking into the use of MBCT for patients who still suffer from symptoms of depression after receiving a high-intensity IAPT therapy. The study participants will be randomised to receive either MBCT or usual care and their outcomes compared.



Who can take part? People identified via the Time to Talk Service.

Musculoskeletal

Study Title: Does peripheral neuroinflammation predict chronicity following whiplash?

This study is looking at whether inflammation of the nerves in the neck and arm is a cause of pain soon after a whiplash injury. Also whether simple clinical tests can be used to identify patients who have nerve inflammation, and whether those patients with nerve inflammation go on to develop chronic pain.



Who can take part? Patients identified by the Minor Injuries Services.

Neurological

Study Title: **MND Register for England, Wales and Northern Ireland**

This is a research database that will act as a central resource of information from patients with Motor Neuron Disease (MND) in England, Wales and Northern Ireland. <https://mndregister.ac.uk/>



Who can take part? Patients identified by the MND team

Study Title: **MiNDToolkit Feasibility Study - Practical Management of Behavioural Impairment in Motor Neurone Disease**

A randomised controlled trial to test a new online tool comprising psycho-educational modules for carers of patients with MND, tailored for the symptoms they are dealing with. Plus tools for healthcare professionals including educational information, structured interactive clinical reasoning & techniques for the management of behavioural changes.



Who can take part? Family carers of people with MND who have cognitive or behavioural changes as identified by the MND Practitioners.

Palliative Care

Study Title: **MePFAC - Methylphenidate versus placebo for fatigue in advanced cancer**

To estimate the clinical effectiveness of methylphenidate versus a placebo, for cancer-related fatigue in patients receiving specialist palliative care.

Who can take part? Patients identified by the SCFT Palliative Care Services.



Primary Care

Study Title: **Active Brains**

This national study is being run by the University of Southampton and funded by the National Institute for Health Research. The study is testing an online programme www.activebrains.online to help people aged 60-85 with lifestyle changes and brain training activities which may help with memory and thinking skills.



Who can take part? Patients identified via GP practices.
Please contact sc-tr.activebrains@nhs.net for further information.

Rehabilitation

Study Title: **ADAPT - Evaluation of ADAPT Assistive Technology (AT) Training**

Canterbury Christ Church University have developed AT training materials designed for Health and Social Care (HSC) professionals who are in contact or working with AT or users of AT, to improve practitioner knowledge and understanding. This study aims to obtain participants' views and experiences of the training which will be used to enhance the material and content.



Who can take part? Health professionals who have undertaken unit(s) of the ADAPT AT Training.

<https://www.canterbury.ac.uk/medicine-health-and-social-care/adapt/training/training.aspx>

Study Title: **RECREATE - Reducing sedentary behaviour after stroke**

A multi-centre study looking at the clinical & cost-effectiveness of an intervention versus usual care to reduce sedentary behaviour in people after stroke.



Who can take part? Worthing Neuro rehab team are involved in this study. [@recreate_stroke](#)

Research in the Community

We are delighted to announce that SCFT's **Helena Stimpson**, Senior Clinical Pharmacist and **Karen Varisco**, Principal Clinical Pharmacist were selected as the winners from the abstracts submitted as part of the SCFT/KCHFT 'Research in the Community' Week (16-20 May).

The recordings from all five lunchtime sessions (approx. 1hr 45mins) are available online: <https://www.sussexcommunity.nhs.uk/about-us/research.htm>

Under the **Research Week 2022** heading

A banner for Research Week 2022. It features the NHS logos for Sussex Community NHS Foundation Trust and Kent Community Health NHS Foundation Trust at the top. The main text reads "Research Week 16th - 20th May 2022" and "'Research in the Community'". Below this, it says "A partnership event between Sussex Community NHS Foundation Trust (SCFT) & Kent Community Health NHS Foundation Trust (KCHFT)". At the bottom, it includes the "Research Innovation" logo and the text "Online 12-1:45pm each day" with the "we care" logo.

SCFT Research Survey

Thank you to all colleagues that took the time to complete the SCFT research survey 2022. Names were selected at random for the prize draw and the winner and runners up notified. The results from the survey are now being analysed and will be presented to the executive board and the next stage in our project to increase research capacity and capability at SCFT will be outlined.



Research & Innovation Director

We are pleased to announce that SCFT has appointed a new Research & Innovation Director, **Dr Ian Male**. Ian is a Community Paediatric Consultant based at Haywards Heath's Nightingale Centre and is currently Chief Investigator on the **Realist Evaluation of Autism Service Delivery** Project. This is a national research project that aims to examine existing models of Autism diagnosis and to investigate which approaches offer the most timely, cost-effective, high quality and child and family friendly solutions. Read more here: <https://www.sussexcommunity.nhs.uk/get-involved/re-ascend-research.htm>



ADAPT Free Training

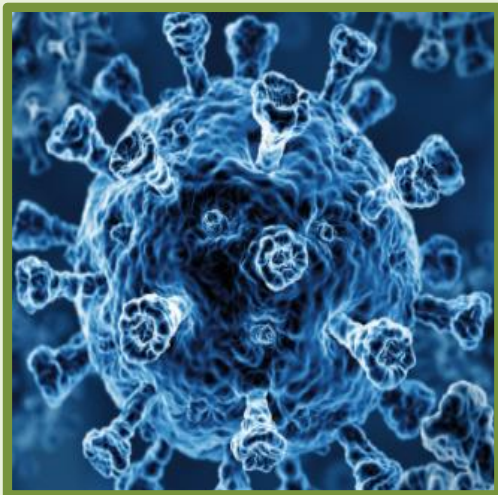
Free online training developed by Canterbury Christ Church University for those working with Assistive Technology in healthcare, who may work with it in the future, or who have an interest. To increase awareness & understanding of a range of technologies.

Learning certificates issued. Please do undertake the evaluation at the end of each unit. More information and how to access the training: <https://bit.ly/3JNNaiR>



MOTION Questionnaire

Our MOTION (www.motion-interreg.eu/) project partners, Canterbury Christ Church University, are designing training and information for professionals on Robotic Assistive Technology with children and are asking all **Physios, OT's** and other **Paediatric Rehabilitation Professionals** - What do you know about the use of Robotic Assistive Technology with children? Have you used it, seen it, or read about it or is it a new area that you would like to know more about? For information and to complete the survey: <https://canterbury.onlinesurveys.ac.uk/assessment-of-training-needs-of-healthcare-professionals-i>



PRINCIPLE Covid-19 Study

SCFT is not involved in this study but you or your patients may be interested as potential participants:

PRINCIPLE is a UK-wide clinical study from the University of Oxford to find COVID-19 treatments for recovery at home. If you have had a positive test for COVID-19 in the last 14 days, are currently experiencing symptoms and you are aged 18 or over you may be eligible.

Join online or via GP practice: www.principletrial.org

ARC KSS Research Week

All events are free, with virtual events taking place from **Monday 20 to Wednesday 22 June** and an in person all day symposium on **Thursday 23 June** at the University of Sussex.

The programme includes a range of presenters from ARC themes, as well as some external presenters who will be sharing their work and expertise on topics such as inclusive research, visual communication and personal exploration/reflection.

<https://www.eventbrite.com/e/arc-kss-research-week-2022-registration-301311730497>



Young People's Advisory Group

The Young People's Advisory Group, Kent, Surrey & Sussex (YPAG KSS) recently celebrated their 4th anniversary with a trip to the i360 tower in Brighton. The group have shared their feedback on 30 research presentations throughout the years. These range from new treatments for asthma and diabetes to improving the process for diagnosing autism. If you are interested in presenting your project to the group please contact: ypagkss@nihr.ac.uk

<https://generationr.org.uk/kent-surrey-sussex/>



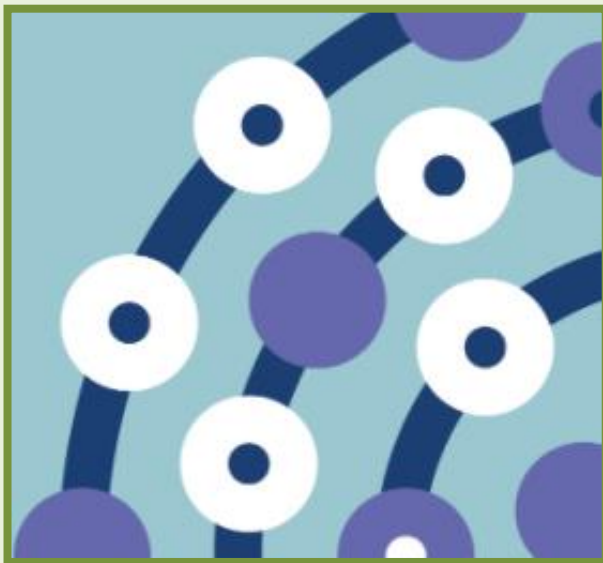


Research Design Service South East

Fellowship Event - Wednesday 29th June 10-1pm

To raise awareness and understanding of the various NIHR Fellowship opportunities amongst clinicians, practitioners and researchers. Open to anyone across Kent, Surrey and Sussex who is considering applying for one of the fellowships. Email: A.Lux@brighton.ac.uk for more details.

Plus Weekly Project Development Sessions
Check: www.rds-se.nihr.ac.uk for all workshops, seminars and funding opportunities from the RDS.



Funding & Learning

- The Health Education England (HEE) / NIHR [Integrated Clinical and Practitioner Academic \(ICAP\)](#) Programme provides research training awards for health and social care professionals, excluding doctors and dentists, who wish to develop careers that combine research and research leadership with continued practice and professional development.
- Funded [MRes](#) at the University of Brighton, contact Dr Nina Stewart, Course Leader & Principal Lecturer N.Stewart1@brighton.ac.uk
- New online [Postgraduate Certificate in Leading Clinical Research Delivery](#). These qualifications are open to prospective learners from all healthcare professions and will commence in September 2022.

Under-served Funding Programme

The CRN KSS are funding up to seven Awards of £10K to £15k for projects and activities that will facilitate more equitable access to research opportunities for under-served communities. Collaboration, and sharing resources for projects with shared aims and target populations is encouraged. The Awards panel meets once a month - this is an opportunity to discuss your project idea/plan, to explore and together determine if it is eligible for funding. Dates and details: <https://bit.ly/3HIZoiG>

Examples of under-served communities include:

rural, coastal, ethnic minority communities, coastal communities, people with multi-morbidities, protected characteristic groups, sex workers, people experiencing homelessness, drug & alcohol dependence, vulnerable migrants, Gypsy, Roma & Traveller communities, people in contact with the justice system, victims of modern slavery & other socially excluded groups